MILITIA LEADER BACKS KARZAI IN VOTE, PG 7







RobertsonCollege.com

Byelection date set for city riding

POLITICS A byelection date of Sept. 14 has been set for the vacant MLA spot in the Calgary-Glenmore constituency, the province announced yesterday.

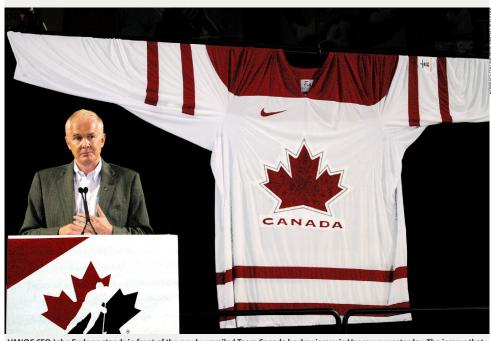
Lt.-Gov. Norman Kwong signed an order in council yesterday morning, authorizing Alberta's acting chief electoral officer to issue a writ of election.

Vying for the spot are Alberta Liberal party candidate Dr. Avalon Roberts, PC candidate and current city alderman Dianne Colley-Urquhart and NDP candidate Eric Carpendale. Former Wildrose Alliance leader Paul Hinman will also vie for the spot held by the Conservatives since 1969.

The seat was vacated May 15 when Deputy Premier Ron Stevens resigned from politics and was later appointed a Court of Queen's Bench judge by the federal government.

METRO CALGARY

Vancouver 2010 New threads for Team Canada



VANOC CEO John Furlong stands in front of the newly unveiled Team Canada hockey jersey in Vancouver yesterday. The jerseys that will be worn by Team Canada during the 2010 Olympic and Paralympic Games feature a red Maple Leaf in the centre, inside of which are several Canadian symbols — including First Nation imagery, iconic animals like a moose and beaver and a hockey player.

Local pg 4

Voting begins on 9-1-1 agreement



How to avoid student debt



Kristen, Rob cozy off set

Bridge designs sought

Concept competition opens for 2nd pedestrian, cyclist bridge

DARREN KRAUSE darren.krause@metronews.ca

On the heels of the Peace Bridge controversy, competition for design of a second downtown pedestrian and cyclist bridge is now open.

bridge is now open.

The Calgary Municipal Land Corp. (CMLC) announced yesterday a Sept. 14 deadline for the delivery of architectural concepts for the construction of the St. Patrick's Island Bridge, connecting the north side of the Bow River near Bridgeland with the East Village.

This bridge will effectively replace an aging GC King Bridge on the west side of the island. A landing area on St. Patrick's Island is also expected to be part of the



A design competition has been launched for a bridge to span the Bow River.

bridge's design.

Chris Ollenberger, president and CEO of the CMLC, is prepared for public debate, both for and against this project, with a price tag

that could reach \$25 million.

"I think that conversation is good. I think it's time for Calgary to discuss where we want to go and what we want to be as a city," said Ollenberger, adding the Peace Bridge debate will likely spark more intense scrutiny on this bridge than what might have otherwise occurred.

Ollenberger said he hopes the chosen concept — after meeting a rigorous set of guidelines, including being cost-effective and fitting in with the natural river walk environment — will be avant-garde. It will be the primary component in opening up St. Patrick's Island for greater recreational and cultural activity.

"We didn't say (in our guidelines) 'please build me

a boring concrete bridge, or build me a bridge that looks like Calatrava's," he said.

"We left the door open

for innovation."
Ald. Ric McIver said he appreciates that this bridge project has a design competition — unlike the Peace Bridge, he noted — and he hopes it will ensure this city council-approved project will get the most bang for the buck.

"I hope in this deal we'll have a little more care and respect for the taxpayers," he said.

Ollenberger said this bridge isn't funded from the general tax pool, but rather from a community revitalization levy, effectively taxing only those in the surrounding areas.

Design criteria are available at calgarymlc.ca.

Officials ready for swine flu outbreak

KRISTA SYLVESTER

HEALTH Admitting the province is already facing a pandemic, Alberta's chief medical officer said they are well prepared to weather an outbreak if influenza A (H1N1), also known as swine flu, hits hard this fall.

Dr. Andre Corriveau, Alberta's chief medical officer, and Dr. Richard Musto, Calgary medical officer of health, held a press conference yesterday in Calgary to discuss the province's response plan to the virus, which has already affected at least 1,648 people and killed seven across Alberta.

"We're readier than we have ever been and still polishing things up ... in my view, there is a lot of encouraging information. There has been no major shift in the virus so far since March," Corriveau told reporters.

"Still, to us, this is an influenza virus that is behaving pretty much the same as all the other influenza viruses, the main difference being this is a novel virus."

But Musto added people don't take influenza viruses seriously enough and should wash their hands properly and follow the proper health guidelines.

"Influenza happens every year and these things should be part of the new norm. We should take influenza seriously because it does kill people every year," Musto said.

The province expects H1N1 vaccinations to be ready by mid-November. Clinical tests have not yet been conducted in Canada, but Musto said they are getting underway in the United States and Australia.

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WINNERS HOMESENSE



Local



Atwood coming to city for new book

Popular Canadian author Margaret Atwood is bringing her unique book tour to Calgary on Sept. 29 after hitting Ontario and Vancouver stops. Atwood will be narrating a one-hour theatrical performance while promoting her latest book The Year of the Flood, to be released on Sept. 8.

METRO INTERNATIONAL **NEWSPAPER** OF THE YEAR

Two charged after man assaulted at house party

CHARGES Okotoks RCMP have charged two males after responding to a report that an assault had occurred at a house party.

The victim was allegedly pulled from his vehicle and assaulted with multiple weapons. The vehicle was then stolen, say police.

Justin Angus Boucher, 18, of High River and a youth have been charged with aggravated assault and robbery. The youth also faces a number of other METRO CALGARY

Foothills fishing advisory lifted as weather cools

ANGLERS An advisory for anglers to avoid fishing in the foothills streams has been lifted because of the cooler weather

The advisory was issued in late July as temperatures in the streams reached 26.5 C, putting the fish under

Anglers can now fish on foothills trout streams as long as the temperature is below 22 C. METRO CALGARY

RCMP charge city police officer with assault

CONSTABLE A Calgary police officer has been charged by the RCMP, outside the jurisdiction of Calgary, with one count of common assault arising from a domestic situation.

The constable has been with the service for approximately three years and has been suspended with pay pending a fitness for duty assessment.

Calgary police will do a service investigation.

METRO CALGARY

Teen's animation no Disaster

Short film picked to appear at Ottawa, Edmonton festivals

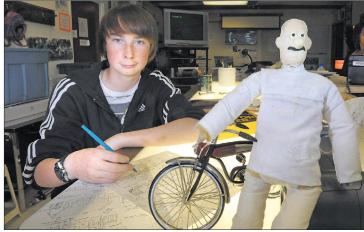
ALVSSA ILILIF

We've all had our bad days.

Luckily, on the day he submitted his short film to Ottawa's landmark animation festival, 14-year-old Calgarian and Westmount Charter school student Eric Hayes wasn't having one – and yet, that's just what his film is about.

He's one of three Canadian high school students with work appearing at the Ottawa Animation Festival in October. The festival, which received 2,185 submissions, will also showcase new work by animation heavyweights. Aardman — the creators of Wallace and Gromit, and the inspiration behind Hayes' work.

Hayes' three-minute film, A Recipe for Disaster, delves into the unlucky life of a baker trying desperately to make it to work, despite car troubles other hilarious calamities.



Eric Hayes, 14, spent the last six months working on a clay animation called A Recipe for Disaster which has been entered into the Ottawa Animation Festival.

"It's something everyone can relate to," said Hayes. "It's annoying, but it's always funny to watch when it happens to other people.

He first tried his hand at animation after seeing Wallace and Gromit on the silver screen and made his

first film, How to Burn Your Bacon, with help from Calgary's Quickdraw Animation Society.

The society's resident teacher and librarian, Jean-Francois Cote remembers Hayes' earlier attempts and says the young animator has come a long way.

"He's going to be one of those really sought-after animators," says Cote. "He's got a good sense of timing, and a good eye and he's a good storyteller.'

Hayes' film will also appear at the Edmonton International Film Festival in September.

Pine beetles could affect property values: Study

COCHRANE Mountain pine beetle infestation will likely affect real estate values in Alberta over the next 10 years, according to a study released vesterday by the Real Estate Investment Network (REIN).

While Calgary isn't directly affected, Cochrane is set to be one of the hardest hit areas of Tier Two in the report, according to REIN research analyst Rob Reuter.

"Cochrane will see the largest impact from pine mortality (in that group) due to location, but other factors for the area should help shelter the region to a degree," he said. "This is because of the highly dense pine forest, but Cochrane isn't just a one-horse town.

Reuter said the impact will be felt more so over the long term, and warns that investors should be aware of small town volatility.

KRISTA SYLVESTER/METRO CALGARY

metr@news.ca What's online today

Your Money Allan Small on why fears of high U.S. inflation are unfounded at metronews.ca/investing **Blogs** Sportsnet analyst and former England premiership goaltender Craig Forrest joins the It's Called Football show to talk premiership and MLS

Year-round schoo ls back in session

EDUCATION As Calgary Board of Education modified school students filed back into the classroom vesterday, the school board is reminding drivers to slow down.

The school year officially kicked off yesterday for students from 16 public modified schools, spokesperson Ted Flitton said.

"I think sometimes people forget the difference between school zones and playgrounds zones and we just want to remind people to slow down and keep our students safe.

Some good news for the school board, he added, is that their charter bus companies Southland Transportation and First Student Canada are well prepared to handle the modified calendar startup.

"We don't have final numbers but they are definitely more staffed than past years. I'm not sure if it

is a product of the economy and we pay good wages, but that is my understanding," Flitton said.

The rest of the city's schools including Catholic School Board go back to classes early this year, slated for Aug. 27.

KRISTA SYLVESTER/METRO CALGARY

Armed standoff ends peacefully

SIKSIKA RESERVE A potentially tragic situation in Gleichen ended peaceful-ly yesterday afternoon after an armed standoff between RCMP and a man in a home with seven children inside.

Staff Sgt. Patrick Webb said RCMP were able to peacefully negotiate with the man after they were

called to a home on the Siksika Reserve by the man's wife after she alleged he had weapons and the kids inside the house.

"Fortunately contact was made and the kids were taken from the house safely," Webb said.

No one was injured and face man may METRO CALGARY

charges.

News in brief

MALL Cross Iron Mills mall opens its doors tomorrow with a full schedule of events. Doors open at 9 a.m. with a fireworks display. Kelly Hrudey from Hockey Night in Canada will give remarks at the grand opening ceremonies at 9:30 a.m. and will have a meet and greet afterwards at 10:30 a.m. in the food court. Stores officially open at 10 a.m. METRO CALGARY

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CAMROSE - Norseman Inn, 6505 - 48 Ave, Date: Aug 20th, Seminar Time: 8:30am

CALGARY - Quality Hotel Airport, 4804 Edmonton Trail N.E., Date: Aug 22nd, Seminar Times: 10:30am and 4:30pm, etings by appointment 8:30am to 6:30pm

SASKATCHEWAN - Saskatoon, Best Western Harvest Inn, 1715 Idylwyld Dr N, Date: Aug 23rd, Seminar Time: 4:30pm, Meetings by appointment from 11am to 6:30pm

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local

Bears captured in Sundre released into wild

A second grizzly bear believed to be behind two attacks in Sundre that killed two miniature donkeys, including one \$30,000 rare breed, has been captured and removed by provincial wildlife officials. Another bear was caught Saturday. METRO CALGARY

Voting underway on deal for 9-1-1 workers

AMY GREGSON for Metro Calgary

Emergency communications officers, who handle 9-1-1 emergency calls and the Calgary Police Service nonemergency line, started voting on whether to ratify the memorandum of

settlement decided on last week with the City of Cal-

The workers have been without a contract since Jan. 4 and were debating working conditions.

"My initial thought is it will pass because it addresses the needs of the members to the best of our ability," said Karen Stoshnof,

"My initial thought is it will pass because it addresses the needs of the members to the best of our ability."

Karen Stoshnof, IBEW local 254

IBEW local 254 representative.

Stoshnof said an external facilitator helped hammer out an agreement that suits everyone's needs.

Four information and voting sessions were held yesterday with three more today and an additional

three hours of voting Thursday. Stoshnof said results should be in by Thursday night.

If members do not ratify the agreement, Stoshnof said a discussion would be held to consider their next step, either to serve a 72hour strike notice or go to the bargaining back table.

spokesperson for the City of Calgary, said they are hoping the membership choose to ratify the agree-

"We are very pleased at this point. We just have to wait and see what the membership thinks about the agreement," said Carig-

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Methane gas poses bigger climate change issue: Scientists

STUDY University of Calgary scientists say they have discovered methane emission by plants could actually be a bigger contribution to global warming than previously thought.

The U of C study found when crops are exposed to environmental factors that are part of climate change, including increased temperature drought and ultraviolet B radiation, some plants show enhanced methane emissions. METRO CALGARY

Funding help for Canada's Vets. lest we forget

VETS The federal government announced funding yesterday to honour Veterans and those who have died for their country. The government is providing \$733,070 to 50 community-led remembrance projects across the country through the Veterans Affairs Canada's Community Engagement Partnership Fund. The annual Peacekeeper's Day Ceremonies held in Peacekeepers Park in Calgary on Aug. 9 was one to receive funding. METRO CALGARY

Trail gets funding for makeover

FUNDS The East Calgary Greenway Project will be getting \$1 million in funding from the federal government to construct the pathway as announced yesterday. The first phase of the city-circling pathway will be 10 kilometres from Elliston Park to Airport Trail and will help create jobs, according to a press release. The Government of Canada is investing \$25 million to improve more than 450 recreational trails across Canada.

METRO CALGARY



GREAT SAVINGS AT THE BAY THIS WEEK

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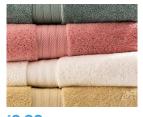
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A man broke into two stores in Toronto by cutting through drywall from a neighbouring office building. He broke into registers in both stores, stealing cash but left his wallet behind which police used to track him down and arrest him. METRO NEWS SERVICES

Canada



Letter arrives very late

A letter mailed Aug. 22, 1992 from an Islamic mosque in Toronto arrived last Thursday in the mailbox of Ghulam Sajan — less than a kilometre away. Only the first part of the postal code was scribed. The rest, it seems, took 17 years, less a few days, to figure out. The letter carried a donation receipt for aid in Bosnia. Albert Lee, communications manager for Canada Post, says letters are delivered within standard time, more than 96 per cent of the time.

Facebook promises changes

Site vows improvements to privacy after commissioner's report

Facebook has given Canada's privacy commissioner formal assurances that it is tightening up control over how people's personal information is treated on the huge, social networking site.

The promises, delivered yesterday along with a schedule for improvements, appear to be a sign that this Canadian privacy dispute

with Facebook will not escalate into a Federal Court case.

Yesterday was the 30-day deadline for Facebook to respond to a strongly worded report issued last month by Canada's privacy commissioner, Jennifer Stoddart, criticizing how people's personal information was being treated by the global giant in online friendships.

If Stoddart is not happy with Facebook's response, she has 15 days to decide whether to get the Federal Court of Canada involved.

Alexandra Brown, a spokesperson for Facebook, said a formal response was sent yesterday to the privacy commissioner's office, complete with timelines for Facebook to respond to the concerns raised in last

month's report. Over the past month, the two sides have reportedly been working well together, with privacy commission officials paying a visit to Facebook headquarters in California to negotiate a compromise.

Canada's privacy commission was sounding similarly upbeat about the status of the dispute.

TORSTAR NEWS SERVICE

News in brief

DIVORCE On behalf of all Quebec women, "Lola" is going to appeal. Having lost her case in Quebec Superior Court as she attempted to win spousal support from her high-profile, billionaire common law exhusband, the former model is steadying for a long fight — all

the way to the Supreme Court.

RECANTED A woman who alleged she was abducted from a campground in New Brunswick and forced to drive her SUV at gunpoint to Toronto has recanted her story, CBC News Online reports. She admitted to police that she went to Toronto for personal reasons.

METRO NEWS SERVICES

Beer ad mocks Torontonians

CAMPAIGN They're mocking Hogtown again.

A new billboard campaign in British Columbia for Coors Light declares the beer is "Colder Than Most People From Toronto"

Marketing expert Paul Cubbon said it's likely the people behind the billboards wanted to generate

Making fun of Toronto is a unity issue that ties together everyone who doesn't live there, a strategy that has been used for vears

TORSTAR NEWS SERVICE

Moscow **Space training**



Guy Laliberte, left, Canadian billionaire owner of Cirque du Soleil, and Barbara Barrett, his back-up crew member, prepare for exercises at the Star City space centre outside Moscow yesterday. Laliberte is on the countdown to become Canada's first space tourist.



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Hurricane Bill, the first hurricane of the 2009 Atlantic season, revved up quickly as it headed towards Bermuda yesterday. Bill is steering well clear of the U.S. Gulf energy fields on a path that will take it north of the Caribbean islands in the general direction of Bermuda. REUTERS

World



UN compound attacked

Suspected Islamist rebels attacked a UN World Food Programme compound in southern Somalia, witnesses said yesterday, but UN guards fought back and shot dead three of the assailants. One official said about 10 heavily armed men attacked them overnight in Wajid, 70 kilometres northwest of Baidoa.

Militia leader backs Karzai Suicide bombing kills 20

One of Afghanistan's most notorious militia leaders threw his support behind **President Hamid Karzai** yesterday, the final day of campaigning for this week's tense election.

With the outcome of Thursday's ballot hanging on the threat of Taliban-led violence and the clout of old militia chiefs, Karzai's main rival Abdullah Abdullah staged an equally frenetic rally in Kabul.

In the north, thousands gave a rapturous welcome to former Uzbek militia chief Gen. Abdul Rashid Dostum, who jetted back to Afghanistan on Sunday from exile in Turkey.

"We need to go with Hamid Karzai into the future," Dostum told cheersupporters

Shiberghan, his home city. Dostum's backing could deliver enough support to



A boy cleans teapots in front of election posters in Kabul yesterday. Afghanistan's presidential election will be held on Thursday.

swing the election for Karzai in a single round, despite grave fears expressed by the United States and the United Nations over Dostum's possible return to a position in government.

Polls have shown Karzai firmly in the lead with about 45 per cent of the vote, but not enough to win an outright majority and avoid a run-off against Abdullah, Karzai's former foreign minister, who has strong support in the

in troubled Russian region

INGUSHETIA A suicide bomber killed 20 people and wounded 138 in Russia's Ingushetia region yesterday, turning a simmer-ing Islamist insurgency into the biggest test of Kremlin control of its southern flank

President Dmitry Medvedev sacked Ingushetia's interior minister after the bombing, the latest in a string of assaults, linked by analysts

to Islamist insurgents, against authorities in Russia's poorest region.

The bomb exploded at the gates of the main po-lice station in Nazran, Ingushetia's largest city, as officers lined up at the start of their day.

Smoke billowed from the remains of the station as people sifted through rubble. Wrecked cars were scattered around a fourmetre-wide crater. REUTERS

News in brief

CHINA Chinese protesters yesterday broke into a smelting works they blame for the lead poisoning of hundreds of children, state news agency Xinhua said. More than 600 children living near the Dongling metal smelter have dangerous amounts of the

heavy metal in their blood and 154 have been admitted to hospital, the report added. IRAN Police used batons to disperse dozens of opposition supporters in Tehran vesterday to protest against the closure of a reformist newspaper, a witness said. REUTERS

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Publisher, Steve Shrout Managing Editor, Darren Krause

Distribution Manager, Dave Mak

heck with third place, let's try and challenge the two

To do that, changing the

name to simply The Demo-cratic Party would have

been a risk worth taking. In

its current form the party

still has a 1960s Woodstock

major parties.

Group Publisher, Bill McDonald Editor-in-Chief, Dianne Rinehart Assoc Managing Editor, Tarin Elbert Enter/Lifestyle Editor, Dean Lisk Asst Managing Editor, Amber Shortt Art Director, Laila Hakim National Sales Director, Peter Bartrem Interactive/Mrktng Director, Jodi Brown

Comment & Views

Comment

Big money owns big media

National **Report** Lawrence

Martin metronews.ca/nationalreport

hew! What a dull convention. The New Democrats came together on the weekthree years.

end in Halifax for their biggest party gathering in Some bold moves were forecast going in. Nothing had happened going out. Bottom line — the Dippers are standing pat. There was much talk of broadening the party's reach through a name change or such initiatives as tax breaks for businesses. But in the end it was former leader Alexa McDonough who captured the mood. "The foundation of the party is rock solid," she There has to be

NDP Leader Jack Layton

change, "but what isn't go-ing to change, is our basic values."

The party has made gains in recent elections. The Liberals, under new leadership, appear to be leaving more them

room on the

the

left side of air. Modernization of the specimage is a must. trum. Jack These should be ideal Layton is soltimes for a party like the id. Why take NDP. There's a recession, risks? an unpopular war, an envi-



the left. But besides having the image of an old party they are also saddled with the problem of a lack of media presence. The New Democrats have no big media to sell their message — to sing their song. There's a national newspaper of the right, the National Post.

There's one for the centre, the Globe and Mail. There's none for the left. In recent times the Canadian media has drifted to the right.

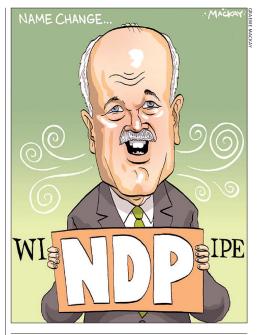
The NDP is largely ignored — even when the issues of the day run in their favour.

To change this they have to find a way of gaining ownership of media proper-

But lefties don't have deep pockets.

Big money runs big media — and that isn't going to change.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.



Worth mentioning

Widow auctions off a burial plot with a view

An American widow is selling her husband's burial spot directly above film legend Marilyn Monroe so that she can pay off her mort-

Elsie Poncher has put an advert on eBay to auction off the tomb in Westwood Village Memorial Park, Los Angeles.

"Here is a once in a lifetime and into eternity opportunity to spend your eternal days directly above Marilyn Monroe," says the advertisement.

"In fact the person occupying the address right now is looking face down on

The burial plot is currently occupied by the late Richard Poncher, described by his widow as an entrepreneur who bought two tombs from baseball player Ioe DiMaggio, Monroe's exhusband, as the pair were



Marilyn Monroe

divorcing in 1954. Elsie Poncher said she would move her husband's remains over one spot if the sale was successful and she would be cremated instead when the time came.

Bidding for the plot opened at \$500,000 and had reached \$2.5 million by

Views

Education or invasion? Take your pick against extremism



What's a more potent antidote to extremism: invasions and guns or money for schools?

That was not a trick question and you don't get gold stars for the right answer. My students don't call me heartless for nothing.

Activists have long told us that getting an education was a great way out of poverty and a crucial ally to economic growth and development globally. So it was good to read last week that Canada plans to send Pakistan more aid with a special emphasis on bolstering the Pakistani education system.

About time.

For a stark and bloody reminder of where parents turn when public educa-tion fails their children, remember the siege at Lal Masjid standoff in 2007 not in a remote part of Pakistan but in the capital, Islamabad.

Two radical brothers established a Taliban-style compound that taught its students the virtues of vigilantism and suicide bombings. More than 100 people, including women and children, died after a bloody standoff with government forces.

Schoolgirls who survived were sent back home many to rural areas without schools for them where they told reporters they missed their books and where they passed on

what they had learned to village children.

Parents wouldn't have sent their girls and boys to the Lal Masjid compound if there were schools nearby.

That gap has been filled by the now notorious "madrassas." In Arabic and Urdu that simply means school. Unlike secular schools, "madrassas" focus on religious education teaching the children to memorize the Quran for example. That isn't the problem. Rather, it's who funds those "madrassas" and what besides recitation the children learn.

Not everyone who goes to a madrassa blows himself up but I am not naïve enough to think they're all about love and God either.

poor governments t invest enough in don't schools, you can be sure boys get priority when they do. It's either harsh reality boys can work and support family - or misogyny in May, 90 Afghan girls were hospitalized with five slipping briefly into comas after the Taliban staged the third poison gas attack in as many weeks on girls' schools. Sometimes it's both.

In a 2004 report, the U.S.based Council on Foreign Relations explained why girls' education was worth the investment: it delivers huge returns for economic growth, political participation. women's health. smaller and more sustainable families, and disease prevention.

Surely returns like that deserve gold stars?

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.

Metro Online Poll Results



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10

Global stocks and commodity prices tumbled yesterday after last week's poor U.S. consumer confidence data triggered doubts about the strength of a U.S. recovery and prompted investors to cut their exposure to risk. REUTERS

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Loonie drops to one-month low

Renewed market caution leads to decline

The Canadian dollar fell to a one-month low versus the greenback yesterday tracking a slump in stocks and oil in a bout of renewed risk aversion.

Doubts about the pace of global economic recovery prompted the market to seek safety in the U.S. dollar, and pushed the Canadian currency as low as \$1.1126 to the U.S. dollar, or 89.88 US cents, its lowest since July 20. The loonie closed at \$1.1072 to the U.S. dollar, or 90.32 US cents.

Although the currency managed to cut some of the decline by the close, the global slide in stock markets and hard-hit commodity prices, two factors that often influence the movement of the Canadian dollar, kept up the pres-

"I think this is just going into the general concern that people have priced in too much of a recovery," said John Curran, senior vice-president at Canadian-Forex, a commercial foreign exchange dealing

The price of oil slipped to its lowest this month at below \$66 a barrel as investors became more cautious about the pace of

Bonds boosted

Canadian bond prices rose sharply across the curve for a second straight session as stock markets sagged and uneasiness about the strength of the recovery mounted. The

global economic recovery and any subsequent revival in energy demand.

Risk demand was stung as Chinese stocks extended losses overnight and other stock markets followed

rise built on gains made on Friday after a drop in U.S. consumer confidence data persuaded investors to exit equities and seek the safety of government bonds.

suit. including North American markets.

Toronto's main stock market opened three per cent lower and mostly held those losses throughout the session.

Agrium extends offer to U.S. rival

Worldwide stocks take a fall

FERTILIZER Canadian fertilizer maker Agrium Inc. again extended its hostile offer for U.S. peer CF Industries Holdings Inc. yesterday, disappointing CF shareholders who had been hoping Agrium would boost its bid.

Agrium pushed back the deadline for CF shareholders to Sept. 22, prolonging the two companies' struggle for dominance in the North American fertilizer market

The normally quiet fertilizer industry has been thrust into the spotlight after Agrium's bid for CF, which had already launched its own hostile offer for rival Terra Industries

Business in brief

ENVIRONMENT Nestle Waters North America is selling a new bottled water that it says is better for the environment, and starting a recycling program with Whole Foods Market and Waste Management. The effort and others from rivals come amid growing criticism that popular bottled water products — often shipped long distances and packaged in bottles made with plastic — are harming the environment and clogging landfills.

SPACE Defence contractor Lockheed Martin Corp. said yesterday its space systems division plans to cut 800 jobs, or about 4.5 per cent of the unit's workforce, in response to soft demand. Lockheed, based in to minimize the number of

Bethesda, Maryland, said it would offer voluntary lavoffs

Cemex seeks \$1B equity as part of debt restructurina

CEMENT Cemex, the world's No. 3 cement maker, said yesterday it must raise \$1 billion in equity by June as part of a \$15 billion debt restructuring that has allayed fears of default.

Monterrey-based Cemex will face higher interest rates on its debt owed to banks and an additional \$100 million fee if it does not sell the shares by then. executives said during a conference call with ana-

lysts.
"This agreement is based on Cemex's recognition that we need to reduce our balance sheet leverage and debt levels, and our creditors' recognition that time and flexibility are required for a sustainable solution," said Hector Medina, vice-president of finance.

Fears that it would fail to satisfy creditors have hurt Cemex since last year, when the global credit crisis slammed construction markets and made it harder for even the largest emerging-market companies to borrow in dollars.

Cemex had been under immense pressure to reach a deal to extend debt it took on to finance its acquisition of Australia's Rinker in 2007. The company had faced unmanageable debt maturities over the next two vears.

The restructuring agreement extends Cemex's debt through 2014.



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Lowe's **Profits plummet**

A Lowe's home improvement store is seen in the U.S. yesterday. Lowe's posted a 19 per cent drop in quarterly profit yesterday and forecast current-quarter earnings below Wall Street estimates as consumers put off big home projects, sending its shares down more than eight per cent. REUTERS

Reader's Digest Association to file for bankruptcy in U.S.

MAGAZINE Reader's Digest Association Inc., whose namesake magazine has been a staple of dentists' offices for generations, said yesterday it planned to file for Chapter 11 bankruptcy for its U.S. businesses as part of a prearranged plan with lenders to cut debt by 75 per cent. The media company, known worldwide for its

family magazine filled with general-interest and inspirational stories, has

been trying to cut costs since it was bought in 2007 by an investor group led by Ripplewood Holdings LLC.

The bankruptcy would take the form of a so-called prearranged filing, which comes after a company has already reached deals with lenders to reduce debt. The deal, if approved by a bankruptcy court, would allow Reader's Digest to slash its debt load to \$550 million, from the current \$2.2 billion.

Columnists online

Visit metronews.ca/moneymatters and metronews.ca/investing for more columns about personal finance. METRO NEWS SERVICES

business 11

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Your **ICICI** Bank or mine?



the wince out of every sip. One thing about a recession though, it opens your mind to what you didn't think you would ever want to do or drink.

Early summer found me in the fruit scented quarters of Just Wine in Milton, Ont. I had driven by the place for 10 years and

never once been tempted.

But I love my wine and despite a reported glut of the good grape plus a global economic meltdown, wine prices haven't declined percep-

So, I braveordered two kits, 30 bottles of the

tibly.

best Australian Chardonnay and 30 more of the Napa Valley Stag's Leap District Merlot, part of the Se-lection Estate series distributed by Wine Expert of

Both claimed medals in some tasting or other and both were the most expensive of their kind available in the store. If you are going to do it yourself buy the best avail-

Even so, the cost per bottle was under \$5 for the white and under \$7 for the

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red (that doesn't include

can also supply your own.) Six weeks later I spent a happy hour bottling the chardonnay and two weeks after that, the mer-lot. Tasting both during bottling surprised me. Drinkable!

However, getting the most out of your vintner experience demands the patience to wait a minimum of three months for the white and six for the merlot.

Alison's

Money Rule:

Drink no wine before it's

time — especially when you make it yourself. But when

it's time to quaff, savour the

So far I've uncorked the chardonnay at two, four and six weeks after bottling — just for research purposes, you understand. Drinkable

has progressed tastv.

Αt two months the merlot is still



too raw for my palate, but improving.

If all works out I estimate savings of at least \$2,500 a year — enough to take hubby and me on a very nice wine tasting holi-

Stay tuned for full tasting results in a couple of months.

Clarification

• In my August 4 column about retail credit cards and Buy Now Pay Later purchas-es, the proximity of two paragraphs made it seem that The Brick charges accumulated interest if full payment is not made on the expiry of the interest and payment-free period. This is the case with some retailers but not The Brick. We apologize for any misunderstanding about The Brick's policies that may have occurred.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at alison@alisongriffiths.ca.

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Canadians are saving a mere 4.7 per cent of their take-home pay, according to a recent report from Statistics Canada for the first quarter of 2009. NEWS CANADA

Student Cents



Scholarly costs

Did vou know?

medicine or architecture, expect a much higher cost. NEWS CANADA

'It's time to chart your own course'

Good planning can help build rosy financial future

While universities may appear to be debt-making machines, financial advisers say good planning can have you graduating in the black.

Anna Conner of Sun Life Financial says it's possible if you follow three rules: Find yourself financially, stop the leaks, and save/invest. To be extra safe, protect that investment with life insurance

"Start with a plan," she says. "You have a goal: To graduate with your degree. You have to figure out how you are going to do that from a monetary point of

Ideally, pay for university out of your savings, costing nothing in interest. If you don't have tens of

thousands of spare dollars, you'll need a student loan.

Financially, "you have to know where vou're starting from to be able get where you're going," she says. "You she says. have to open up your bank statement, your credit card statement."

It's tempting "You'll be amazed at how much money you're leaking. Stop the leaks."

Anna Conner

throw it in the drawer and just make the minimum payment, but that adds up. Look at it this way: Every time you pay off a 16 per cent interest rate credit card debt, you've just made 16 per cent return on your money," Conner says.

Next. Conner recommends tracking all of your expenses for two months. "You'll be amazed at how much money you're leaking," she says. "Stop the leaks."

With your economic ship patched up, it's time to chart your course. For short-term savings to cover

a down payment for a home or to pay down a debt, Conner likes TFSAs (tax-free sav-

ings accounts).

"You can do it in a short-term money market so that you have fluid cash and can draw your money out very quickly, or you can invest it for a longer range in things like mutual funds, GICs, etc.," she

explains.

markets at a young age, she says. People get scared by the bad bear runs, she says, but the bulls always "Over the last 50 years, we've had about a 10 per cent return," she says. 'For young people, you've got the ability to allow the

markets to do their thing." Either way, 10 per cent of earnings -- even as a

ting your money into the

socked away

Finally, consider buying life insurance to guarantee your future insurability.

"When you're young and healthy, it's extremely inexpensive to pick up a cheap-term insurance that will carry them through until they can afford the Cadillac," she says.

If you wait 10 years, developing diabetes or MS, or a range of other conditions, could make getting life insurance next to impossible.

Hana, a blogger at York University's YUBlog, says the most important thing is to live thriftily. Live at home, take public transit, pack a lunch, throw house parties and buy secondhand, she urges.

"For most of us, being a student is synonymous to being short on cash for four years, but there are a few ways to make the pinch more bearable," she writes.

Low-cost accounts

You have probably heard the expression "look after your nickels and dimes, and the dollars will take care of themselves." In order to collect those dollars, low-cost bank accounts can represent an interesting solution.

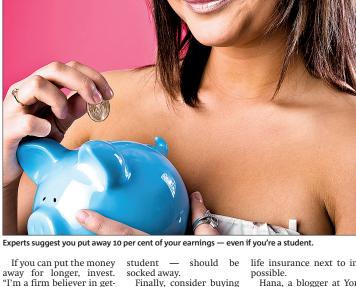
Low-cost bank accounts cost less than \$4 a month. They offer such features as a debit card, cheque-writing privileges, a number of free in-branch transactions, and a monthly statement or a bankbook

As several banks have agreed to offer low-cost accounts, you should shop around for the kind of account that best suits your banking needs. For example, you may prefer to do your banking through a teller. Some banks may charge extra for some inbranch services (such as bill payments) on top of your regular monthly fee. Having this type of information can save you from any surprise fees on your bank statement at the end of the month.

To make sure you understand the terms and conditions of the account you choose, the Financial Consumer Agency of Canada recommends you find out:

- What the monthly fees What types of transac-
- tions are included, and how manv:
- How much it will cost for transactions over and above
- your monthly limit; What extra fees may apply for specific services (such as bill payments).

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Tuesday, August 18, 2009 **Craig Forrest joins It's Called Football**

Sportsnet soccer analyst and former England premiership goaltender Craig Forrest joined the It's Called Football show today to talk premiership, MLS and the future of the Canadian Soccer Association. Watch at metronews.ca/blogs.



Sports

Kane apologizes

Chicago Blackhawks star Patrick Kane, left, apologized yesterday for the pain he caused those close to him after his arrest on arges that he and a cousin beat up a cab driver in Buffalo earlier this month. He did not take questions. A grand jury is expected to decide this week whether Kane should face criminal charges in connection with the incident. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

Shelly-Ann Fraser of Jamaica exploded from the blocks to win the world 100 metres title yesterday in 10.73 seconds, the joint third fastest women's run of all time. METRO NEWS SERVICES





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Ana Ivanovic of Serbia serves to Caroline Wozniacki of Denmark during a promo match in downtown Toronto to promote the Rogers Cup tennis tournament yesterday.

Easy win for Sharapova

Wozniak only Canadian left in singles at Rogers Cup

Maria Sharapova was an easy winner in first-round action last night at the **Rogers Cup in Toronto.**In the last match of the

night, Russia's Sharapova defeated compatriot Nadia Petrova, the 10th-seed, 6-3, 6-4 on the hardcourts at Rexall Centre. It was the third time this season Sharapova has defeated Petrova

Fourteenth-seeded Pole Agnieszka Radwanska erased Spaniard Carla Suarez Navarro 6-3, 6-3, while an upset came when Italian veteran Francesca doused 15th-Schiavone seeded Frenchwoman Amelie Mauresmo 6-2, 3-6, 6-1. An additional upset came when Alona Bon-darenko of the Ukraine downed 13th-seeded Marion Bartoli of France 6-4, 6-3.

Surging Aussie Samantha Stosur held off Canadian qualifier Heidi El Tabakh 7-6 (7-2), 7-6 (7-4), while Hungarian Agnes Szavay subdued Canadian wild card Valerie Tetreault 6-2, 6-4 and Aravane Rezai handled fellow Frenchwoman Alize Cornet 6-4, 7-5 to set-up a second-rounder against topranked Dinara Safina Stosur will face French Open champ Svetlana Kuznetsova in her next outing

Stephanie Dubois, of Laval, Que., lost to Italy's Roberta Vinci, 6-1, 6-2, leaving Aleksandra Wozniak of Blainville, Que., as the only Canadian in the tournament.

Wozniak will face Russia's Alisa Kleybanova today.

Ådditional openinground wins came for Austrian Sybille Bammer, Japan's Ai Sugiyama, Switzerland's Patty Schnyder and Ukrainian Kateryna Bondarenko, who will meet Wimbledon runnerup Venus Williams in the round of 32.

METRO NEWS SERVICES

Sports in brief

NBA The Toronto Raptors have reportedly reached a deal to send forward Carlos Delfino to the Milwaukee Bucks in exchange for forward Amir Johnson yesterday. ESPN.com is reporting that the deal will also include quard Roko Ukic heading to Milwaukee with the **Bucks sending guard Sonny** Weems to the Raptors. **BASEBALL** The Boston Red Sox

released John Smoltz yesterday, formally ending his stint with the club. The Boston Herald reported the Red Sox were forced to release Smoltz after failing to trade the veteran pitcher.

NFL The New Orleans Saints have waived cornerback Jason David, David, an Edmonton native, spent the past two seasons with New Orleans after playing his first three years with Indianapolis.

WORLD CUP The risk of power cuts during the 2010 soccer World Cup has been averted because the global economic crisis has reduced South African consumption, Energy Minister Dipuo Peters said yesterday. Africa's strongest economy has been rationing power since January last year when the national grid almost collapsed, forcing economically vital mines and smelters to shut for days. NFL Brett Favre could still be a Viking by the end of August. FoxSports.com reports. "I'm telling you it's already done," one Viking was quoted as saying in the story. "I don't think anvone here doesn't think

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Health & Beauty

iPhone dating apps?

Forget iFart, give us some mobile advice we could really use



n a stellar example of how technology is furthering civilization as we know it, iFart — an application that allows you to play a variety of realistic sounding "farts" on your iPhone or iPod has become one of Apple's top 20 selling mobile applications. iBeer, an application that makes it look like you're drinking a beer out of your phone is also in the top 20.

Now, in another civilization-advancing moment, Apple has released Passion, an iPhone application that allows you to measure how good you are in bed. The software gives ratings from "bad" to "perfect" based on three criteria — duration, measured by the phone's timer; orgasm, measured via microphone; and activity, measured via motion sensor. Afterwards, you can upload your score from one to 10 and see how you measure up.

I realize Passion is meant as a novelty (at \$5 a pop, I'm sure its creator Chris Alvares is laughing all the way to the bank) that will undoubtedly spawn lots of fake-orgasm contests, possibly over too many rounds of \S^{α} this with reasons you've reiBeer, so I won't get all seri petuates ideas about what good sex is louder, longer, more acro-

batic ... really? — or that good sex is all about "scoring" but surely Apple could come with something more useful. Here are some iPhone

apps I'd like to see:

AMiREADY? Allows you to punch in pros and cons why you should or should not sleep with someone and cross references

gretted sleeping with someone in the past as well as 'what if" scenarios if you do sleep with the person to come up with a "ves'

or "no" answer.

INTHEMOOD Saudi TV says Several apps no to sex. Read let you customize your music but Josey's blog at this one almetronews.ca lows you to plug in the circum-

stances of your sexual encounter first time, quickie, longie, etc. - and programs music accordingly, based on

your taste.

iDATEESCAPE A preprogrammed phone call or text



Wouldn't it be great if there were an iPhone app that allowed you to punch in the pros and cons for why you should or shouldn't sleep with someone, referencing your past and "what if" scenarios?

comes in when a certain pre-determined phrase is uttered during a date that

isn't going well.

iDATECORRECT Based on professional dating advice and your own dating history, this app causes your phone to vibrate (you'll want to keep it in a pocket

so your date isn't suspect) any time vou screw up. Prerehearsed recoveries can then be employed in an attempt to salvage the date.

Josey Vogels is a sex and relationship colum-nist and author of five books on the subjects. For more info, visit joseyvogels.com.

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16

Kruger sporting bling ring

Diane Kruger has sparked rumours she's set to walk down the aisle with boyfriend Joshua Jackson after she was spotted with a diamond band on her ring finger. The German beauty has been dating Jackson since 2006. FEMALEFIRST.CO.UK

Entertainment

Shorts: One for the kids

STEVE GOW for Metro Canada

In the upcoming family film Shorts, a group of kids find a magical stone that enables them to wish for anything they want. It's a quandary Jon Cryer would likely never want to find himself in.

'If I could wish for anything, what would it be?" ponders the actor when posed the hypothetical proposition. "You're the first guy who has literally asked me that question and I don't have a good an-

Fair enough. The star of TV's Two and a Half Men would rather discuss working with enigmatic filmmaker Robert Rodriguez anyhow.

Shorts (which hits theatres Friday) is the director's first foray in the family genre since he turned out The Adventures of Sharkboy and Lavagirl in 2005. It's also decidedly less adult content for the man more famous for such violent fare as Sin

"I try to vary it up," admitted Rodriguez. "You do want to take a break from one type of moviemaking to another and because I have kids and I know that kids, in general, love these movies, I want to give them something to mark their childhood.

Rodriguez is a bit of a kid himself. In fact, on set, he appears as a child in a sandbox playing with every aspect of moviemaking, be it directing, edit-



A scene from Robert Rodriguez's family film Shorts.

ing, writing the music or designing the poster.

"He does everything," said Cryer. "I don't think

he sleeps either shoot a scene, he'd come back the next day and show us a rough cut of the

Movie feature

scene which means he was cutting it all night and then he'd say, 'Oh yeah, I scored it as well."

While some may expect Rodriguez's fractured duties might dilute his attention to the acting, Cryer insists he never felt de-prived of the filmmaker's attention. In fact, if he possessed that wishing rock, he might even ask to reunite with the famed director.

"You just get this feeling that he's like Santa Claus and he's in charge of the whole workshop," said Cryer. "As an actor, instead of being this little cog in the wheel, you get the big picture while you're doing it which is great.'

DVD picks

Birthday bash

Rumer Willis celebrated her 21st birthday over the weekend in high style in Las Vegas with mom Demi Moore, dad Bruce Willis and stepfa ther Ashton Kutcher along for the

Tyson

Director: James Toback

TYSON, IAMES

Toback fashions sharp documentary out of a



METRO NEWS SERVICES

blunt object. Mike Tyson was the self-styled Baddest Man on the Planet" during his heyday of the late 1980s through the 1990s, holding or contesting the heavyweight boxing crown through physical prowess and intimida-tion. During a grudge match in 1997, he chewed off part of the ear of rival Evander Holyfield.

The law caught up with him: Tyson spent three years in jail in the early 1990s on a rape conviction. But there are always tales and tears behind the headlines, and Toback's doc spins them like a carny huckster. Big, bad Mike, the man with fists of iron and a giant flame tattoo on his face, is deep down a misunderstood softie.

Like a man in a 12step program — he also spent time in rehab the ex-champ confesses his sins in straight-tocamera testimonials. Toback lets his subject speak at length, interspersed with archival and split-screen boxing footage.

It's fascinating to hear Tyson speak. No one pretends that the documentary is an objective appraisal - there are almost no commentators besides Tyson himself.

Peter Howell/for Metro Canada

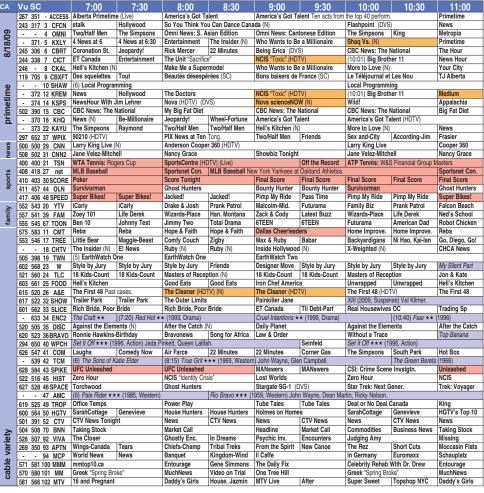


Flashpoint
There's no such thing as a routine assignment when you're a cop in a TV show. The SRU team is assigned to protect a VIP when a bomb goes off in a hotel kitchen, and kidnappers use the explosion as a cover to snatch the VIP's wife. Enrico Colantoni, Amy Jo Johnson, Hugh Dillon and David Paetkau star in "Eagle Two." 10 PM on CFCN



NCIS
Abby (Pauley Perrette) is asked to take over for a government scientist who has gone missing and carry on his work, but Gibbs (Mark Harmon) and the team fear that she will meet the same fate as her predecessor in "Toxic." Michael Weatherly, Da-vid McCallum and Sean Murray also star. 9 PM on CICT

Shaq Vs.
Shaquille O'Neal has few rivals in the basketball world, but how would he fare against other top athletes on their own turf? That's the premise of this high-spirited new reality series, which finds the Cleveland Cavaliers star challenging stars in other sports, swimming against Olympic gold medalist Michael Phelps, playing medalist Michael Phelps, pläyinf, volleyball opposite Kerri Walsh and Misty May-Treanor, and in the opener, trying his gridiron skills against Pittsburgh's Ben Roethlisberger. 10 PM on KXLY









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18 entertainment



Mark Wahlberg was rushed to hospital on Friday after inhaling fake smoke. He was taken to Massachusetts General Hospital after breathing in too much of the substance on the set of his new movie The Fighter. FEMALEFIRST.CO.UK

Celebrity Buzz

Rob and Kristen get cozy in Vancouver

FINALLY The cast and crew of Eclipse took over Vancouver sushi restaurant Miku over the weekend to celebrate filming of the third Twilight installment – and all eyes were on costars Robert Pattinson and magazine.com reports.

The two were very close during dinner, taking smoke breaks together and even leaving together. On Saturday, they snug-gled at a Kings of Leon

concert weren't when they laughing smoking cigarettes.

"They've decided to be more public about going out now," an insider told Us Weekly. "They're not boyfriend and girlfriend, but they've definitely hooked

up." Their Twilight co-stars

portive.
"If they want to date each other, fine!" Billy Burke, who plays Stewart's dad, told Us. "Look, when

vou're that age, vou're going to make mistakes. You're going to date people you probably shouldn't date. It's all part of the growing process."

METRO NEWS SERVICES

Fat double-standard, Kirstie says

SHE'S MAD Kirstie Alley is fuming about a tabloid report that suggests she's so overweight she has just four years to live, femalefirst.co.uk reports.

The National Enquirer alleged the 58-year-old's binge eating and yo-yo dieting had "shaved years off her life span.'

The report includes a quote from a doctor who claims "may

only live to 62." The article has infuriated Alley, who took to the Internet to ask why overweight male stars aren't subjected to the same press intrusion.

Alley tweeted: wonder if Kevin James, John Goodman, Alec Baldwin, James Gandolfini, K-Fed, Bill Shatner, etc are dying in four years or only FAT actresses. METRO NEWS

SERVICES

Amy wants me back: Blake

HIS TAKE Divorce or no divorce, Blake Fielder-Civil says his estranged wife Amy Winehouse is apparently dying to rekindle their relationship, he tells the News of the World. "We've been talking for the first time in

in

months," he said. "I love her as much as ever. I know she still loves me, even though getwe're

ting divorced."

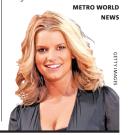
Fielder-Civil even insists they could give marriage another go. take her out for dinner and propose again. I hope that within five minutes we'll be planning where we're next going to get married."

METRO WORLD NEWS

Jess to join **American** Idol judging panel?

CAREER MOVE While gossip fans have been keeping track of her recent split from Tony Romo and her growing and shrinking waistline, Jessica Simpson's father and manager, Joe Simpson, has been eyeing a new gig for his daughter.

Sources tell Page Six that Joe has been aggressively lobbying the producers of American Îdol to hire Jessica as the permanent replacement for Paula Abdul. There's been no word on what they think of the idea.



I'll pose nude... for a price: Levi

MONEY-MAKER Levi Johnston, who fathered a child with Sarah Palin's teenage daughter, says he would be willing to pose nude — for the right price.

"It depends on the mon-ey, man," Johnston said in an interview with Bravo's Andy Cohen. "It's got to be right for that."

> WORLD NEWS

Eva jumps into resto expansion

ENTREPRENEUR Eva Longoria Parker is poised to take off, people.com reports. The actress is opening

the Las Vegas location of her restaurant Beso on New Year's Eve 2010 and has plans for airport locations.

She says the ven ue is still under construction. but the design

and menu — including flatbread, tortilla soup and guacamole - will be similar to Hollywood's Beso. She said she'll

"Besitos, launch which are little beairports, with limited menus.

METRO NEWS

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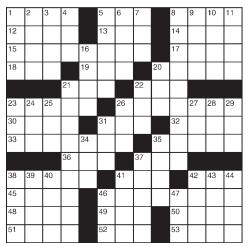
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Tuesday **27** °/ 10 °







Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	8	9				3		
			2	4				1
6					9			5
		4	6		5		9	
	9			1			2	
	6		4		3	7		
4			7					9
7				6	2			
		6				8	7	

1 Apply your Iohn Hancock 5 Pharm. watchdog 8 Cold War-era map abbr. 12 Verifiable 13 Actor Voight 14 Contendere preceder 15 Gran Torino 17 Prepares Easter eggs 18 Potent stick 19 Mess up 20 Abacus components 21 Father 22 Peacenik's worry 23 Access a chat room 26 Allergy induc-30 First victim 31 Behar of The View 32 It takes the cake

33 Gave way

eater

35 Eucalyptus

36 Nevertheless

37 Disencumber 38 Performances 41 Johnson or 42 Windy City abbr. 45 Prom transportation 46 Bone china

name 48 Hydrox competitor 49 Historic period 50 Between jobs 51 Flex

53 Wanders about

52 Tavern

1 Undo a dele 2 Ahmadinejad's land 3 Sudden rush of wind 4 Trawler item 5 Feature of Nor-way's coast 6 Entrance 7 Moreover 8 American Idol champ Carrie 9 High-protein

bean 10 Coaster

11 Flag maker

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

8 2

5 1 4

2 3 5 4 6 8

3 9 8 6

> 8 7

2 3 8 1

Betsv 16 Withdraw gradually 20 Satchel 21 Parton's theme park 22 Method

23 Nonprofessional 24 Sapporo sash 25 "Gollv!" 26 Sceptre 27 Zsa Zsa's sis 28 Moray, for one

29 Modern-day evidence 31 Lustrous black 34 — Moines

35 Monarch 37 Speeder spot-

38 Unkempt one 39 Take on 40 Portent

41 Aloe -42 Last few notes 43 Retain 44 Midmonth date

46 Symbol of intrigue 47 Peruke

3 8 9 4 2 6 1

5 3 6

2 7 9

9 5 3

1 2 7

THE SCYTHE IS SYMBOLIO

1 2 3 5

4 9 7

9 4

8 3 5

6 2 4

5 8 3

Take Five



Chicken and Rice Dinner

INGREDIENTS:

1 broiler/fryer chicken, cut

1/4 to 1/3 cup (50 to 75 ml) all-purpose flour 2 tbsp (25 ml) vegetable oil 2-1/3 cups (575 ml) water 1-1/2 cups (375 ml) Uncooked long grain rice 1 cup (250 ml) milk 1 tsp (5 ml) salt

1 tsp (5 ml) poultry seasoning 1/2 tsp (2 ml) pepper

Chopped fresh parsley

1 Dredge chicken pieces in flour. In a large skillet, brown chicken on all sides in oil over medium heat.

2. In a large bowl, combine the next six ingredients. Pour into a greased 13-in, x 9-in, x 2in. (33 cm x 23 cm x 5 cm) baking dish. Top with chicken.

3. Cover lightly with foil and bake at 350 F (180 C) for 55 minutes or until rice and chicken are tender. Sprinkle with parslev before serving.

SERVES 6

rd.ca

For nutritional infor mation on this and out Key Ingredients in this month's Reader's Digest, on



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20

You may feel hard done by when things don't work out as you expected, but don't lose heart — overall, you're travelling in the right direction.

LIBRA SEPT 23-OCT 23

No matter what losses you may have suffered of late, they took place for a reason. Your task now is to find out what that reason is and to learn from it.

TAURUS

APRIL 21-MAY 21

One very small problem is giving you a very big headache at the moment. Take that as a cosmic hint to focus on the things that really matter.

SCORPIO

OCT 24-NOV 22 The planets warn if you carry on at your present pace you risk doing yourself serious damage. There is no point running yourself into the ground.

GEMINI MAY 22-JUNE 21

On the web

The cosmic setup urges you to make a serious attempt to change certain aspects of your lifestyle. It likely won't be as difficult or painful as you think.

SAGITTARIUS NOV 23-DEC 21

The sun in Leo is a great omen for those born under the sign of the Archer and you're certainly having a good time. But get serious about your work.

CANCER JUNE 22-JULY 22

Someone you trusted may have let you down but you must not entertain thoughts of revenge The worst possible thing you can do now is to start a feud.

CAPRICORN

DEC 22-JAN 20 What you thought was bad news yesterday may well turn out to be good news today. Once again you seem to have assumed the worst.

LEO JULY 23-AUG 23

The sun in your sign makes you wonderfully confident and if you feel you've missed out in some way you'll make up for it over the next 24 hours

AQUARIUS

JAN 21-FEB 18 Sometimes you wonder why you put up with certain people and you'll feel that way today. But don't be too eager to bring a relationship to an end.

VIRGO AUG 24-SEPT 22

Something you thought was finished will return to annoy you and likely it's your fault. The matter won't rest until you deliver what's expected of you.

PISCES

What happens today will remind you that love cannot be bought or sold at any price. You are wealthy beyond measure in what really matters.



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